

# Taking and Submitting Video



Your program includes video feedback & analysis from your Leash Reactivity Specialist. The tips below should help make video submissions a breeze!

**Having a helper film you and your dog is ideal for movement.**

**No helper? No problem! Prop your phone up against a wall for recording stationary work.**

**Your phone's camera will work perfectly for filming.**



**A backpack clamp can free up your hands for filming movement on your own. Sometimes a chest pocket can hold your phone just right too!**

**Short videos are best. No more than a minute or two.**

**Upload your video to YouTube in an unlisted link or use another video sharing site. Submit the link in your Google Sheet.**

**Have a question about your video? Something in particular you want reviewed? Be sure to timestamp it so your instructor knows where to look!**

