



Stress Barometers

Insight into your dog's ability to function and learn in their environment.

Can my dog EAT?

Test it!

Take 5 treats, "Yes" + Reward 5 times inside your home.

- Did your dog hesitate to take the food?
- How hard did they take the food from your hand? (scale of 1-5)

Take 5 treats, "Yes" + Reward 5 times after putting on your dog's walking equipment.

- Did your dog hesitate to take the food?
- How hard did they take the food from your hand? (scale of 1-5)

Take 5 treats, "Yes" + Reward 5 times just outside the front door.

- Did your dog hesitate to take the food?
- How hard did they take the food from your hand? (scale of 1-5)

Take 5 treats, "Yes" + Reward 5 times on the sidewalk outside your home.

- Did your dog hesitate to take the food?
- How hard did they take the food from your hand? (scale of 1-5)

Take 5 treats, "Yes" + Reward 5 times approximately 10 minutes into the walk, with NO triggers present.

- Did your dog hesitate to take the food?
- How hard did they take the food from your hand? (scale of 1-5)

How hard?

How hard did your dog take the food from your hand?

On a scale of 1-5:

1= the light touch of a flower petal

5= almost lost a finger!

Give Space

If your dog isn't into the food, or struggles to complete a simple skill:

THEY NEED SPACE.

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Specializing in Leash Reactivity & Separation Anxiety





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Can my dog THINK?

Test it!

Power up the "Yes", then ask for a simple skill that your dog knows well. Sit and Touch are both great options.

Inside your home.

- Did your dog hesitate to perform the request?

After putting on your dog's walking equipment.

- Did your dog hesitate to perform the request?

Just outside the front door.

- Did your dog hesitate to perform the request?

On the sidewalk outside your home.

- Did your dog hesitate to perform the request?

Approximately 10 minutes into the walk, with NO triggers present.

- Did your dog hesitate to perform the request?

What does it mean?

When stress creeps in, the desire to eat often leaves the body. Sometimes your dog will still eat as they get stressed but you might notice they snatch the food from your hand.

Stress can impair the ability to think clearly and process information. If your dog is great at the skill at home, but unsure of it on a walk, their cognitive function could be clouded from stress.

Signs of Stress

Take all signs of stress in your dog seriously.

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| <ul style="list-style-type: none">• Drooling• Pacing• Heavy Panting• Vocalizations• Pulling towards something | <ul style="list-style-type: none">• Unfocused• Cowering• Reacting• Refusal of food• Inability to think clearly | <ul style="list-style-type: none">• Fooling around• More fur shedding than usual• Dander visible on the fur• Taking food with a hard mouth• Shake off (after stress) |
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